

Please return your application form to:

**By post**  
The Administrator (CPD)  
Network Counselling & Training  
Wesley College,  
Henbury Road  
Henbury,  
Bristol BS10 7QD

**For further information:**  
Telephone: 0117 950 7271

**Email:**  
[info@network.org.uk](mailto:info@network.org.uk)

#### About Network Training...

- In addition to a Certificate and Diploma level pastoral counselling training programme validated by the University of Gloucestershire, Network Training also offers a full programme of Continuing Professional Development for counsellors and other professionals in the form of short courses and workshops on a range of specialist topics.
- For further information about Network Training and the range of courses we offer, visit our website – [www.network.org.uk](http://www.network.org.uk) – and click on Network Training.

#### Refreshments:

Tea, coffee and biscuits will be provided during the day. Please bring your own lunch.

## CPD workshop

### Being in Touch

#### *An exploration of the use of touch in counselling*

**Annie Robinson**

**Saturday 25<sup>th</sup> February 2012  
09.30 a.m. – 4.30 p.m.**

**Venue: Network Counselling  
Wesley College, Henbury Road, Bristol BS10 7QD**

# Being in Touch

## Introduction

Touch. Possibly the least taught and least processed of psychotherapeutic interventions, with some therapists avoiding it and others liberally embracing this form of contact. In this workshop, which will be predominantly experiential, we will explore different types of therapeutic touch; how we read ourselves, our clients and our mutual relationships; some of the potential benefits and hazards of using touch; and key ethical and contextual considerations. The workshop is intended to be a platform for further development rather than the final word on this large and complex topic.

## The course facilitator

Annie Robinson did her formal counselling training (integrative humanistic) at the University of Bristol (MSc) and via a training in Embodied Relational Therapy with Nick Totton. Annie is a tutor for the Network Diploma in Counselling, with former tutor/lecturer experiences at the Universities of Bristol and then Newport, and currently is chair of CAPPP. Working as a counsellor, supervisor, trainer and facilitator, her counselling approach is pluralistically and integratively relational. She has been journeying to be more in touch with herself, her wildness, her spirituality, her compassion and her relationships.

# network:training

## CPD course application form

I wish to reserve \_\_\_\_ place(s) on the following course [CPD 12A]:

**Being in Touch**

**Date:** Saturday 25<sup>th</sup> February 2012

**Name: (Capital Letters)** \_\_\_\_\_

**Address:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ **Post code:** \_\_\_\_\_

**Telephone/mobile:** \_\_\_\_\_

**Email address:** \_\_\_\_\_

**Course Fee: £55 per person**  
**£30 for counselling trainees, and volunteer counsellors and supervisors**

**\*\*\*\* £5 discount off above fees if booked before Friday 28<sup>th</sup> January 2012\*\*\*\***

I enclose a cheque for: \_\_\_\_\_

If claiming the trainee/volunteer discount, please state the agency you work for or the course on which you are studying: \_\_\_\_\_

Please make cheques payable to Network Counselling & Training Ltd.

Once your booking form and cheque(s) have been received, you will be sent a letter of confirmation and further details.

**Cancellation policy:** Please note that we require a minimum of **seven days' notice of cancellation** before the commencement of the group, otherwise the full fee will be payable. **10% of the fee is a non-returnable deposit.** No part of the fee can be refunded for sessions not attended.

*office use only*

On List.....(date)

Payment Rec'd CHQ/CSH.....(date)

Conf sent.....(date)

N.B. Please detach the above form and send to the address overleaf.